

The Cascade training programme has already received positive feedback from adults working with young people as well as parents and carers, rating its content, delivery and impact as **'excellent'**.

For more information on the Cascade course, or to discuss any of our support services for young people and professionals, please contact:

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*Supporting young people
to successful futures*

Cascade

Information for foster carers, adoptive parents and professionals working with families



The Cascade Coaching Training Programme:

A training package for foster carers, prospective and current adopters and professionals working with families which has been developed collaboratively by a group of psychologists and educationalists.

Neurodiversity

This approach is particularly effective in supporting young people between the ages of 4 and 18 who exhibit a neurodiverse profile (though may not necessarily have a formal diagnosis) and meet one or more of the following criteria:

- Demonstrate unwanted behaviours resulting from cognitive, social or emotional difficulties.
- Can sometimes struggle to engage in learning at school or at home.
- May have experienced temporary or permanent exclusions from the classroom, enrichment activities or school itself or are at risk of this.
- Are underachieving in school, despite being regarded as 'bright'.



Additional Support Services

Positive Cognitive Assessment:

For 7-18 year olds (including Vocational Strengths and Careers Advice where requested): providing an accurate picture of a young person's strengths and difficulties, with a particular focus on strengths and how these can support success now and in the future.

Direct coaching and on-going support:

Co-coaching in the home or through video conferencing with the young person and/or their carer/s.

Coaching Young People to Success

The training provides a new and innovative approach to working with young people to explore issues, find solutions and impact sustainable, long-term change.

During this coaching based approach course, participants will learn to use a set of tools and models which form a new way of working and communicating with young people.

In this method, both parties are empowered, providing a welcome alternative to traditional methods which focus on extrinsic controls and often lead to battles or resentment.

Evidence based design

The course, delivered by highly qualified educators and psychologists, is based on Genius Within programmes which have been running successfully across the UK for several years and have proven impact with a range of individuals, including adult offenders.

Feedback

The Cascade training programme has already received excellent feedback foster carers and other adults working young people, rating its content, delivery and impact as 'excellent'.



Course Duration

Cascade Adult Training Course: 12 hours of adult group training (maximum of 25 participants) which can be delivered as:

- two full days
- four half days
- or six evening sessions of two hours each.