

The Cascade training programme has already received positive feedback from adults working with young people as well as parents and carers, rating its content, delivery and impact as **'excellent'**.

For more information on the Cascade course, or to discuss any of our support services for young people and their supporters, please contact:

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*Supporting young people
to successful futures*

Cascade



The Cascade Coaching Training Programme: for all professionals working with young people and their families, from youth workers and social workers to those providing direct Early Help in the home.

Coaching Young People to Success

This approach is particularly effective in supporting young people between the ages of 4 and 18 who exhibit a neurodiverse profile (though may not necessarily have a formal diagnosis) and meet one or more of the following criteria:

- Demonstrate unwanted behaviours resulting from cognitive, social or emotional difficulties.
- Can sometimes struggle to engage in learning at school or at home.
- May have experienced temporary or permanent exclusions from the classroom, enrichment activities or school itself or are at risk of this.
- Are underachieving in school, despite being regarded as 'bright'.



Additional Support Services

Positive Cognitive Assessment: for 7 – 18 years (including Vocational Strengths and Careers Advice when requested: providing an accurate picture of a young person's strengths and difficulties, with a particular focus on strengths and how these can support success now and in the future.

Direct coaching and on-going support: co-coaching in the home or through video conferencing with the young person and/or their carer/s.

What happens during the training?

During this coaching based course, participants will learn to use a set of tools and models which form a new way of working and communicating with young people.

In this method, both parties are empowered, providing a welcome alternative to traditional methods which focus on extrinsic controls and often lead to battles or resentment.

Designed by Experts

The training, designed collaboratively by a team of psychologists and educationalists, provides a new and innovative approach to working with young people to explore issues, find solutions and impact sustainable, long-term change.

Evidenced based

The course is based on Genius Within programmes which have been running successfully across the UK for several years and have proven impact with a range of individuals, including adult offenders.



Course Duration

Cascade Adult Training Course: 12 hours of adult group training (maximum of 25 participants) which can be delivered as:

- two full days
- four half days
- or six evening sessions of two hours each.